



# The Cathedral Church of All Saints



*Where strangers become friends,  
where Christ's peace and justice are  
sought, where God is worshipped with  
heart, mind and voice*

## Spiritual Development & Education



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*“How much better to get wisdom than gold, to  
get insight rather than silver!”*

**Proverbs 16:16**

*Wisdom, like an inheritance, is a good thing  
and benefits those who see the sun.  
Ecclesiastes 7:11*

*Let the wise hear and increase in  
learning, and the one who understands  
obtain guidance. Proverbs 1:5*

*Anglican/Episcopal  
Diocese of Nova Scotia and Prince Edward Island  
Anglican Church of Canada*

## Educational opportunities

### Saints Alive

#### Who are we?

A contemplative and educational Anglican Church Women program for interested men and women of all ages.

#### When do we meet and what do we do?

Each month, usually on the second Thursday of the month from 2:00 to 4:00p.m. in the Cathedral, a different speaker provides information that might be interesting, uplifting or simply practical. Topics have been as varied as: Life in the Holy Land, Faith journey of an Anglican postulant and the Halifax recycling program. Dean Paul Smith's discourse on poetry and his historical perspective on Dean and Chapter were past favourites. The talk is followed by refreshments and often discussion.



## Bible Study Groups

### Who are we?

We are members of the congregation (and friends) who have an interest in exploring the Bible and learning more about our faith through study, reading and discussion with the guidance of a member of the Cathedral clergy. There is also a social aspect to the group meetings.

#### When do we meet and what do we do?

Study groups usually meet in the two study rooms of the Anglican Diocesan Centre.

**Tuesday morning Group:** 10:30a.m. to noon. Over coffee or tea, we have some sharing time, and we study a book. We read aloud and discuss as the text permits. Books discussed in the past include Screwtape Letters by C.S. Lewis. The leader is the Reverend Dr. Davena Davis, one of the Cathedral's Honourary Assistants. The leader is the Reverend Dr. Davena Davis, one of the Cathedral's Honourary Assistants.

**Friday morning Group:** 10:00 to 11:45a.m. This bible study group reviews the readings for the upcoming Sunday, with other topics from time to time, such as being called to serve, the Kingdom, Jesus' humanity and divinity, judgment and faith. The leader is the Reverend John Swain, one of the Cathedral's Honourary Assistants.

## Additional opportunities for Learning

Additional opportunities for learning often occur during the seasons of the Church Year e.g. Advent and Lent, or at the direction of the Diocese. Topics of interest may be solicited from the congregation and our space is also used for panels or presentations by like-minded community groups. Dates, times and topics are listed in the Sunday bulletin, the Cornerstone Newsletter, on facebook and the Cathedral News Online. Subscribe to Cathedral News Online by emailing [infoccas@eastlink.ca](mailto:infoccas@eastlink.ca).

