



# Cathedral CORNERSTONE

HARVEST/THANKSGIVING - OCTOBER 2019



## Blessing of the Animals—October 6, 2019



*Nellbell*



*Rosie*



*Samson*



*King Ferdinand of Spain*



*Otto*



*Lady Jane*



*Clara*



*Dawson*



*Batty*

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## Ask a Theologian

**Question: “What version of Christ did Saul (Paul) experience on the Road to Damascus?” Paul talks about his personal experience of the risen Lord (Acts 9:13) and compares it to the resurrection experiences of the disciples and others following the death of Jesus (1 Cor. 15:3-8). On the Road, others could hear a voice speaking to Paul and could see Paul’s reaction, but could not understand what was going on.**

This is a continuation of the post-resurrection question in the Pentecost issue of Cornerstone, “What kind of body did the resurrected Jesus have?”

To me the question only makes sense in the context of the cosmology of the times and how oral traditions change over time with the retelling of the same story by different people. The world as viewed by most people in Jesus’ time consisted of three tiers: earth, sky and heaven. The earth and sky were enclosed within a dome, and God resided on the other side of the dome. God would periodically appear as a voice, an angel, thunder, or a symbol (dove) when a window in the heavens opened. Examples are Jacob’s ladder (Gen. 28:12), Elijah’s ascension (2 Kings 2:11, Ezekiel’s visions (Ezek. Cpt. 1), Jesus’ baptism (Mt. 3:16), transfiguration (Mk. 9:2), and a number of other similar occurrences. With respect to oral traditions, stories can be exaggerated to prove a point or belief and without written records the Gospel writers could only repeat the stories they were told. Because there were different sources, the gospel accounts vary in detail. This does not take away from the truth and wisdom of Jesus’ teachings. Unfortunately, people have a tendency to translate analogies and metaphors into literal events, and the Church through the millennia has converted this literalism, myths and superstitions into dogma and doctrine. It is the message which is important not the literal translation and understanding of the early written works.

Jesus was a charismatic particular human being endowed with divine self-revelation who came to the realization that all was not well within the Jewish community due to the influence of foreign ideas and practices. Jesus had a vision, and taught the immediacy of the coming of God’s Kingdom and the need for the people to change (repent) (Mk. 1:15).

As a charismatic teacher Jesus attracted a cohort of followers who at various times experienced what Paul called “gifts of the spirit”, such as working of miracles, healing, discernment of spirits, speaking in tongues (1 Cor. 12:10).

Stories of gods acting in the world were not unique to Ancient Israel or in Jesus’ time. In Greek writings and in the tradition of many neighbouring countries stories of supernatural events and the revelation of god or gods were common.

Throughout the millennia, the experiences of the disciples and Christian mystics of Christ’s presence were real and have been documented. Michael Ramsey, a former Archbishop of Canterbury writing in 1949 speculated that the supernatural occurrences had the nature of a vision imprinted on the memories of the witnesses and only recalled in the context of the resurrection.

Dr. John J. Pilch (1937-2016), an American theologian, opened up a whole new approach to ecstatic biblical experiences. He calls the various super-naturalistic events “Sky Journeys” as a result of “alternate or altered states of consciousness” which often involved “hole-in-the-sky” visions. These are not hallucinations, but were real powerful experiences received in an altered state of consciousness.

These may be radical thoughts, but the challenge for modern day Christians, the Church and Seekers is to look beyond the biblical framework of 1<sup>st</sup>. Century language and cosmology to root out and discern the fundamental truth of a



creator God and Jesus' call to change. In a materialistic and narcissistic world we need to re-imagine and reframe the message of Jesus and the nature of God so that people can once again embrace a credible Christianity with heart, mind, body and soul.

*-Reverend. Canon John Smith*  
August, 2019

## Kudos to the Cathedral Congregation

Thanks have been extended to the Cathedral congregation from the Residents / Participants, Staff, and Board of Bonny Lea Farm for the very generous support of the Cathedral for Bonny Lea Farm's *Home to Stay* Project. A lovely letter was sent to the Cathedral from Liz Finney, Fund Development Director, who expressed gratitude to the Cathedral for joining Bonny Lea Farm on its "journey to ensure that people with disabilities experience dignity, respect, and a high quality of life as they age . . . at home, at Bonny Lea Farm."

The Cathedral congregation supported the St. Catherine's Group with the Indoor Yard Sale in April 2019 and half of the proceeds from the Sale that day, a little over \$1,500.00, was directed to the Bonny Lea Farm *Home to Stay* Project. This Cathedral congregation contribution joined other contributions, modest and generous, from parishes and individuals in the Diocese, under the umbrella of the Anglican Church Women Diocesan Board's Annual Project 2018/19 - *Bonny Lea Farm: Home to Stay* to raise **\$20,000** to ensure that the future needs of the participants at Bonny Lea Farm are met. This is an amazing outcome! It certainly shows it was a Project that pulled at the heartstrings of so many. The St. Catherine's Group joins the Bonny Lea Farm team and the Anglican Church Women Diocesan Board in saying "thank you many times over" to the Cathedral congregation. Kudos are well deserved.

*-Cynthia Pilichos*

## Amnesty International's Write for Rights



Amnesty International's Write for Rights has become the world's largest human rights event and is held every year around December 10 which is International Human Rights Day.

For the third year, Elissa Barnard is hosting a letter writing event Monday, Dec. 9, 10 a.m. to 12:30 p.m. in the large meeting room. (Enter through the breezeway).

Please drop in and write a couple or more letters using sample text from Amnesty International. There will be pens and paper, coffee and tea. Elissa addresses and posts the letters

This year Write for Rights focusses on young people under the age of 25 fighting for change. One of the 10 global cases is in support of Canadian youth from Asubpeeschoseewagong (Grassy Narrows First Nation) who are fighting for justice in the face of 50 years of mercury poisoning in their community.

It's hard to believe that handwritten letters have any impact but Amnesty International believes Write for Rights makes "a real difference in people's lives," according to a release for this year's event. "Last December we sent more than 5.9 million messages in support of women human rights defenders, and they told us how much it meant to them.

"Geraldine Chacon, a human rights activist and Amnesty member who was detained for her work in Venezuela, said: 'I've campaigned for Write for Rights cases before. I never imagined I'd be on the other side of the campaign. I have no words to thank all that Amnesty has done for me.'"

For more information email [elissa.barnard@gmail.com](mailto:elissa.barnard@gmail.com) or call 902-454-4628. For more details on this year's cases go to: <https://writeamnestyusa.org/>



## **Cathedral Hospitality in Support of Education – a life changing gift!**

The St. Catherine's Group will welcome women of two regions in our Diocese in the metro area - Chebucto and Fort Sackville - for worship, food, fellowship, and learning on Wed. Oct. 30. In welcoming the women of these two regions, we also will be happy to have one or more of the "King's - Kikima Grannies" join us as our guest presenters to speak about their journey for the past decade plus in supporting the Grannies of Kikima, Kenya who are raising their orphaned grandchildren.

The King's-Kikima Grannies will also speak directly about the Anglican Church Women Diocesan Board Project: ***Education - a life-changing gift!*** This project, with its international focus, seeks to bring in funds, until the end of April 2020, to support five youth in Kikima, Kenya with post-secondary education. Net proceeds from the Joint Regional Women's Gathering on Oct. 30, hosted by the St. Catherine's Group, will benefit *Education - a life-changing gift!* The Anglican Church Women Diocesan Board would not be successful with their Annual Projects without the support of the parishes and individuals in the parishes - the Cathedral support is greatly appreciated.

*-Cynthia Pilichos*

## **Phoenix Centre for Youth**

Diapers - sizes 5 and 6 - are like gold to Leah Cheverie, parent support case manager at Phoenix Centre for Youth on Cobourg Road.

Every week for over seven years in a program started by Rev. Dr. Helen Ryding and led by Karen Cooper members of All Saints Cathedral have been donating and delivering baby supplies to Phoenix Centre.

The diapers in particular are critical to struggling parents, aged 16 to 24, in Phoenix's parent support program.

"Diapers are so expensive. One mum has two kids and after her bills are paid through assistance she has \$1 left," says Cheverie. (A Phoenix trustee budgets for her.)

"She is in an apartment that is more expensive than she can afford. She is waiting for affordable housing and the wait list for that can be long. I have a parent support budget but it's not much. I wish we had way more diapers coming in."

Cheverie has 30 parents in her program who collectively have 59 children. "A lot of our parents have multiple children. Some have one; some are pregnant right now. They're all young. One mother is only 22 or 23 and she has an 18-month-old, a three-year-old and a five-year-old and she wanted to finish high school but that can be challenging when you are on income assistance and with the daycare situation."

For a toddler to go to daycare it costs \$850 a month and there is a provincial daycare subsidy "but it gets tricky because if they are on income assistance (and many are) income assistance will only give \$400 regardless of how many kids need to go to daycare and only if the parent is in school, working, or actively looking for work."

Cheverie called Little Ladybug's Child Care Centre and they offered space and adjusted rates to this young woman. "They are great and she has gotten marks of 84 and 85. She is killing it."

The issue of affordable housing is "huge," she says. "Affordable housing is almost nonexistent right now. A lot of our youth are on income assistance. A lot can't afford a one-bedroom. They're left to boarding rooms. At least there is a roof over their head but it's not ideal."



As for food, the Feed Nova Scotia food truck comes to Phoenix Centre everyday except Friday and Cheverie drives parents to and from their homes to Feed Nova Scotia. “We have a budget for emergency food. It's not always plentiful but we do the best we can.”

There are many reasons young people find themselves in challenging situations, says Cheverie. “Sometimes it's mental health- related, family-related, addictions, domestic violence, homelessness, even refugees.”

Sometimes youth get help from their parents. “Sometimes their parents are in a more dire situation than they.”

The infant supplies program, with Janet Hawkins delivering the supplies, is not the only support the Cathedral gives to Phoenix Youth Programs, which include Phoenix Shelter, Phoenix House, Phoenix Homes for Independence and the Phoenix Community Centre in Mulgrave Park. The St. Catherine's Group supports Phoenix through an annual fall donation of about \$300 depending on available funds.

### **our cathedral at harvest time**

William Chatterton Dix's hymn includes these beautiful lines:

*Where golden fields spread fair and broad,  
where flows the crystal river.*

*The strains of all its holy throng  
with ours today are blending..*

*Thou, who gives us our daily bread,  
give us the bread eternal.*

Hymn 306 Book of Common Praise

Biblical and Hymnal contents offer Christians great resources to observe the annual harvest of both the land and the sea, and to find ways to offer thanks within the liturgies of the church. Our cathedral is a prayer filled space that offered praise and thanksgiving all summer, continuing into Michaelmas.

## **The Ruth Ballah Memorial Bible Quiz # 6**

1. Name two of the Bible's Books that are part of the Law.
2. Name of Thanksgiving observance in the Old Testament.
3. After the flood, who planted a vineyard?
4. What is the name of the special Blessing with the words “The Lord bless you and keep you: The Lord make his face to shine upon you...”?
5. The words “the bread of affliction” refers to what Old Testament food?
6. What does the Leviticus Book refer to with “a memorial proclaimed with blast of trumpets”?
7. What does Joel ask when he writes or says, “Return to the Lord your God.”?
8. Who is the bread of life?
9. Which son of Adam and Eve was a farmer?
10. What form does the Angel of the Lord take to appear to Moses?

**Answers are on page 9**

### **Contact Us:**

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Early summer was a time for uplifting music, service hymns, organ music galore-the RCCO national Convention. Our noon hour organ recital series (first conceived by our former Choir Director and Organist, and now Organist Emeritus, Dr. Burchill) provided music all summer.

Now at Harvest, we give thanks, as so well expressed by the 18<sup>th</sup> century hymn by Anna L. Barbould:

*For the blessings of the fields,  
for the stores the garden yields,  
flocks that whiten all the plain;  
yellow sheaves of ripened grain,*

Hymn 312 Book of Common Praise

While the seasons move from summer to fall, and our cathedral moves from a time of less demands to the quickening pace of pre-Advent and Advent, we renew our ministries and services.

By the time we circulate this issue of Cathedral Cornerstone, our congregation will either participate, or not, in the mighty sign of freedom-we vote for our new Canadian Government. For our congregation, Harvest Thanksgiving's season anticipates the annual observance of our Patronal Festival, being All Saints' Day, as well as All Souls' Day.

As we move on in our calendar, our congregation is invited to participate in both practical and spiritual matters. We prepare for Advent and Christmas seasons, and we alert one another to our practice to contribute to the Mission to Seafarers' shoebox campaign, and other Outreach initiatives that increase at this time.

We are a people who humbly thank God "for all thy gifts so freely bestowed upon us," and for the devoted work of all who labour in the fields and on the sea, with all joy and peace in our walk with the Lord. Happy Thanksgiving!

*-Kent Doe*

## God is out there

God is a Spirit and he exists beyond our world and universe(s), in the spiritual world, (heaven). You and I are part of this spiritual world from birth. The book of Genesis says we are created in his 'image and likeness'. From the beginning man has been aware of a divine presence, of being influenced by this presence and other Spirits, both good and bad. Over time man came to distinguish between the two, and which benefited him and the community. Scripture relates stories and revelations of these Spirits, from the time of the early Israelites and their God of Abraham, to eventually a belief in one God.

The early philosophers spoke of a divine power or soul that existed beyond, and was the source of lesser souls like you and me. It was the aim of these lesser souls to emulate or be united with the world soul or Spirit. And history from the time of Jesus up to the present has related the growth and decline of spiritual influence in our lives and in the world.

God is out there - The creator God has endowed his creation with everything it needs to function in the world. Man has been given preference, with a spiritual nature to encourage a relationship with God, and an intelligence and talents. For man is made up of mind, body, and spirit, enabling him to respond to life in the best and fullest way. This is a unique relationship which is there for believer and non-believer alike, which existed before the influence of religions which followed. So belief in God is not an issue here, since a relationship already exists. Thus, scripture's call to believe in God, (Jesus), is simply a call to re-think our response to life, to nourish our spiritual nature. For God is there, influencing his world and the lives of his followers.

We might liken our spiritual nature to the system within our own body, 'the autonomic system', which controls our breathing and heart-



beat. It operates without our thinking about it. In a similar way the spiritual nature is there within us and encourages a 'human response' to the world around us. The same spirit is reflected in our imagination, allowing us to visualize situations beyond the obvious. It helps us to see the bigger picture and to think beyond our immediate concerns.

God is out there - To be aware of our spiritual nature and to nourish the same includes growing in our understanding of the nature of God, his person and what he is like. Although he is a Spirit scripture describes him in human terms; we call him God in order to better understand his nature and actions. Jesus refers to him as Father. 'Anyone who has seen me has seen the Father', he replied to Philip, (John 14:9b). And in his teachings and healings Jesus revealed that God's ways are not the ways of the world. The world is concerned with the ways of man and not necessarily what is best for him. The Spirit speaks of God's ways, reflecting his purposes for his world and mankind.

St. Paul gives a list of spiritual qualities which have their source in God, love, joy, peace, long-suffering and others, and we might add truth, righteousness and justice. The latter two are central to the Old Testament First, 'righteousness', God acts in ways that are best for his creation, and he desires what is good for his people. He also sets a standard for right and wrong behaviour, which is grounded in love. And man is encouraged to have a 'right relationship' with god, through faith and being guided by the Spirit, and having a right relationship with his neighbour. In respect to 'justice' God's response differs from the civil authorities. He is concerned with a broader understanding and background of offences committed. He is interested in both parties in a conflict. It is more than a question of right or wrong, but of fairness, for both parties have needs which must be addressed.

In the New Testament 'love' is the key word. Jesus said to love God and one's neighbour, with all one's heart, soul, mind, and strength. Yet, only by the guidance of the Spirit can one hope to emulate God's love. He is a God of love, with all its spiritual meaning, particularly a 'concern for others'. And love is meant to be a guideline for all that we think and do. For love can have a universal impact, influencing people's lives and able to change behaviour

God is out there - God is the source of all knowledge and truth and ethical guidelines. Man is encouraged to reflect these ways of God not only to please God, but because they are standards for response, enabling man to live in ways best for him and others. Indeed. A failure to embrace the nature of God can result in a fractured world, and in confusion as to what is right and wrong.

We live in a world where a high level of achievement is evident and an involvement in social programs for the benefit of others. However, an increased social unrest and alienation between peoples is evident as well, And perhaps a casualness about life and disrespect for persons. Yet, the spiritual world is not absent in conversation, for a 'spiritual hunger' hunger exists. And with the increased stress and anxiety in many lives, people are more open to ways which can help them in their day to day living.

The spirit is there - within us and God is aware of our situations and the troubles that beset us. He can also help us to know our inner selves, quite apart from everyday expectations. When we see the unrest in the world, and the 'cheapening' of human life, the Spirit offers an alternate approach to dealing with world issues. For a change in attitudes and a greater sense of inner personal worth is necessary in order to have an unbiased response to life. In lieu of confrontation we need to reach out to one another and see both sides to a problem.



By embracing our three-fold nature, (mind, body, and spirit), we can help encourage harmony and a sense of community in society, looking for goodness in the world and in the lives of people.

*-The Reverend John Swain*

## Our 2019 Summer Tour Guide



*Angus Cochran*

## From the Register

### *Burials*

*Lesley Conrad*

*Sarah Mather*



# Welcome to the Cathedral Church of All Saints

## Your 10:30 am Sunday Greeters

### *September*

Team Captain - Judi MacDonald

Alayne Pothier

David Pyke

Cynthia Rogers

Kathie Swenson

### *October*

Team Captain - this could be you!

Volunteer today!

Sharon Awad

Jean Malloy

Denise Smith

## In conjunction with the Chronicle Herald Holiday Parade of Lights

On Saturday, November 16



The Cathedral Church of  
All Saints

will be serving delicious  
**Hot Chocolate**

FREE

from the steps of the church  
1330 Cathedral Lane

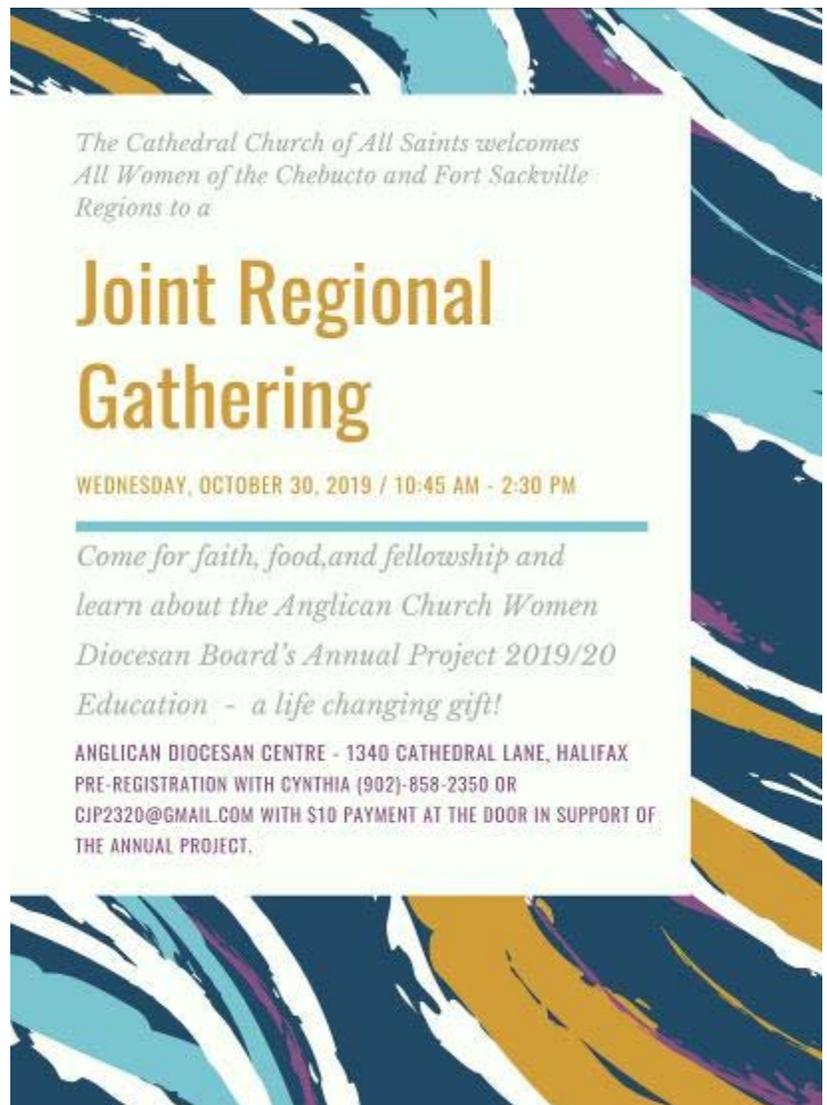
All Parade Goers Welcome!

presented by the CCAS Communications Committee



## Answers to the Ruth Ballah Memorial Quiz

1. Any two of **Genesis, Exodus, Leviticus, Numbers, Deuteronomy**
2. **Feast of Weeks, Exodus 34:22**
3. **Noah, Genesis 9: vs 20**
4. **Aaronic Blessing, Numbers 17: vvs 24, 25**
5. **“unleavened Bread” of Passover meal, Deuteronomy 16: vs 3**
6. **The New Year**
7. **For Jews to repent, Joel 2 vs 13**
8. **Our Lord, John 6: 27ff**
9. **Cain, Genesis 4:1**
10. **Burning Bush, Exodus 3: v 2**



*The Cathedral Church of All Saints welcomes All Women of the Chebucto and Fort Sackville Regions to a*

# Joint Regional Gathering

WEDNESDAY, OCTOBER 30, 2019 / 10:45 AM - 2:30 PM

*Come for faith, food, and fellowship and learn about the Anglican Church Women Diocesan Board's Annual Project 2019/20 Education - a life changing gift!*

ANGLICAN DIOCESAN CENTRE - 1340 CATHEDRAL LANE, HALIFAX  
PRE-REGISTRATION WITH CYNTHIA (902)-858-2350 OR  
CJP2320@GMAIL.COM WITH \$10 PAYMENT AT THE DOOR IN SUPPORT OF THE ANNUAL PROJECT.

## Greening of the Cathedral

SATURDAY DECEMBER 21 AT 10 AM.

The Sunday School will be rehearsing the Pageant at the same time. Show time is Sunday Dec. 22<sup>nd</sup> during the 10:30am service.

Tea, Coffee, Juice and muffins will be provided.

It is our fervent hope that the three congregations will come together and use this opportunity to get acquainted. A *special* invitation is extended to the children and parents of the 9am service. We need you!

A sign up sheet will come out in early December but mark your calendar now for a couple hours of fun.

We will be hanging the wreaths, draping garland and trimming the tree with our Veteran crews, please join us.



## Festal Evensong

All Saints Day, Friday, November 1<sup>st</sup> at 5:00 p.m., the Cathedral Choir, King's Chapel Choir and Capella Regalis will offer a Festal Evensong at the Cathedral.



# CHILDREN'S PAGE

What do MUMMIES like listening to on Halloween?

Wrap music!

What are a ghosts favorite rides at the fair?

The scary-go-round and rollercoaster!

What do you do if you want to learn more about Dracula?

You join his fang club.

**I'm Thankful for..**

check all that apply:

- FLOWERS
- FAMILY and Friends
- my HOUSE
- water
- clothes to WEAR
- kisses & hugs
- toys
- birds singing
- God
- LOVE
- BUGS
- TRUCKS
- CATS
- my cozy blanket
- FOOD to EAT
- sunshine
- crayons
- BOOKS
- FREEDOM
- ME!