

**WELCOME TO THE  
CATHEDRAL CHURCH OF ALL SAINTS**

DIOCESE OF NOVA SCOTIA AND PRINCE EDWARD ISLAND

ANGLICAN CHURCH OF CANADA



**FIRST SUNDAY IN LENT  
MARCH 1, 2020**

## **Worship Services**

### **Sunday Services**

**8am** Holy Eucharist  
*Book of Common Prayer*

**9am** Holy Eucharist  
*Book of Alternative Services*

**10:30am** Holy Eucharist  
*Book of Alternative Services*

Special choral services and concerts are held on Sundays at 4 p.m. September through June. Please check our website for details

**Sunday Services at our Associate Parish of Falkland, St. James**  
**10:30am**

### **Weekday Services at the Cathedral**

#### **Tuesday**

**12:15pm** Holy Eucharist  
*Book of Common Prayer*

#### **Wednesday**

**7:30am** Holy Eucharist  
*Book of Alternative Services*

#### **Thursday**

**12:15pm** Holy Eucharist  
*Book of Alternative Services*

#### **Friday**

**12:15pm** Holy Eucharist  
*Book of Common Prayer*

### **WELCOME**

*to all who have come to worship at the Cathedral today. If you are visiting, please sign the Guest Book located near the main doors and make yourself known to the Greeters and our Clergy. We'd like to meet you.*

**As a Cathedral community,** we acknowledge that we are in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.

*Communicants of All Christian churches are invited to receive communion at the Eucharist.*

**Should you wish the option of a gluten free wafer,** please let one of our Greeters know.

***Our Nursery is available at both our 9:00 and 10:30am services, as well as a children's corner with rocking chair in the right transept.***

## PRAYER REQUESTS

### Anglican Cycle of Prayer

Pray for the Iglesia Anglicana de Chile

**The Most Revd Héctor (Tito) Zavala Muñoz** - Bishop of Santiago & Primate

### Our Diocese

#### *Neil's Harbour*

The Rev. Dr. Carolyn Sharp

#### *St. Alban's, Sydney*

The Rev. Brenda Drake

## 8AM HOLY COMMUNION

### THE FIRST SUNDAY IN LENT

Book of Common Prayer

*Preacher & Celebrant:*

*The Reverend Dr. Helen Ryding*

**Collect** 138

**Propers** 140

**Introit Psalm 91:1-8** 448

**Tract 91:9-16** 448

## 9AM HOLY COMMUNION

### FIRST SUNDAY IN LENT

Book of Alternative Services

*Preacher & Celebrant*

*The Very Reverend Paul Smith*

#### *Piano Prelude*

*Nocturne No. 2*

Rémi Bouchard

### Welcome

**Opening Hymn** CP 372

Praise to the Holiest in the Height  
Tune: Gerontius

### First Reading:

GENESIS 2:15-17; 3:1-7

### Psalm 32

Bulletin p. 9

### Second Reading:

ROMANS 5:12-19

**Gradual Hymn** CP 175

Forty Days and Forty Nights  
Tune: Heinlein (Aus der Tiefe)

### The Holy Gospel:

MATTHEW 4:1-11

### The Homily

**The Nicene Creed** 188

### Prayers of the People

## Absolution

**The Peace** 192

**Offertory Hymn** CP 531

On Eagles' Wings

Tune: On Eagles' Wings

**Prayer over the Gifts**

**Eucharistic Prayer**

**The Lord's Prayer** 211

**The Breaking of the Bread**

**Hymn during the Communion**  
CP 360

Bless the Lord, my soul, and  
bless God's holy name.

Bless the Lord, my soul, who  
leads me into life.

Source: The Taizé Community

**Prayer after Communion**

**Doxology**

**The Blessing**

**Closing Hymn** CP 564

Lead Us, Heavenly Father,

Lead Us Tune: Mannheim

**Dismissal**

**Postlude**

*Songs without Words Op 38,*

*No. 5* Felix Mendelssohn-  
Bartholdy (1809-1847)

**Please join us**

for Refreshments &  
Fellowship at the rear  
of the nave.

**10:30AM CHORAL COMMUNION**

**FIRST SUNDAY IN LENT**

Book of Alternative Services

*Preacher & Celebrant*

*The Very Reverend Paul Smith*

**Prelude**

Wenn wir in höchsten

Nöthen sein

*(When we are in utmost need)*

J. S. Bach (BWV 668)

**Introit**

Richard de Castre's Prayer To

Jesus R. R. Terry (1865-1938)

1 Jhesu, Lord, that madest me,  
and with thy blessyd blood hast bought,  
forgive that I have grievéd thee  
with word, and wil, and eek with thought.

2 Jhesu, in whom is all my trust,  
that died upon the roodē tree,  
withdrawe myn herte from fleshli lust,  
and from all worldly vanyté.  
Words: 15th cent.

3 Jhesu, for thy woundés smerte  
on feet and on thyn handés two,  
oh make me meeke and low of herte,  
and thee to love as I schulde do.

4 Jhesu, keepe them that are good,  
amende them that han grievéd thee,  
and send them frutes of earthli food  
as each man needeth in his degree.



# Eucharistic Prayer #3 198

*Celebrant*                      *People*

*The Lord be with you. And also with you.*

*Celebrant*                      *People*

*Lift up your hearts. We lift them to the Lord.*

*Celebrant*

*Let us give thanks to the Lord our God.*

*People*

*It is right to give our thanks and praise.*

## Sanctus

### Missa *Dominator Deus* Plainchant (*Sung by the choir*)

Sanctus, sanctus, sanctus,  
 Dominus Deus Sabaoth  
 Pleni sunt coeli et terra gloria tua.  
 Hosanna in excelsis.  
 Benedictus qui venit in nomine Domini.  
 Hosanna in excelsis.  
*Holy, holy, holy, Lord,  
 God of power and might,  
 heaven and earth are full of your glory.  
 Hosanna in the highest.*  
*Blessed is he who comes in the name of the  
 Lord.  
 Hosanna in the highest.*

## Acclamation

....*Therefore, Father, according to  
 his command,*

We re - mem - ber his death, we pro - claim his re - sur -  
 rec - tion, we a - wait his com - ing in glo - ry.

## Amen

....*all honour and glory are yours,  
 almighty Father, now and for ever.*

A - men, a - men.

## The Lord's Prayer 211

### The Breaking of the Bread

## Agnus Dei

### Missa *Dominator Deus* Plainchant (*Sung by the choir*)

Agnus Dei, qui tollis peccata mundi,  
 miserere nobis.  
 Agnus Dei, qui tollis peccata mundi,  
 dona nobis pacem.  
*Lamb of God, you take away the sins of the  
 world,  
 have mercy upon us.  
 Lamb of God, you take away the sins of the  
 world,  
 grant us peace.*

## Communion Motet

### In jejunio et fletu T. Tallis (c.1505-85)

In jejunio et fletu orabant sacerdotes:  
 Parce, Domine, parce populo tuo, et ne des  
 hereditatem tuam in perditionem.  
 Inter vestibulum et altare plorabant sacer-  
 dotes, dicentes: Parce populo tuo.

*In fasting and weeping the priests prayed:  
 Spare, O Lord, spare thy people, and give  
 not thine inheritance to perdition.  
 Between the porch and the altar the priests  
 wept, saying: Spare thy people.*

Joel 2:12, 17; First Sunday of Lent,  
 Matins Responsory

## Communion Hymn CP 54

Bread of the World in Mercy  
Broken RENDEZ À DIEU

## Prayer after Communion

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## The Blessing

## Hymn CP 175

Forty Days and Forty Nights  
HEINLEIN

## Choral Benediction

Have mercy upon me, O God, after thy  
great goodness:  
according to the multitude of thy mercies  
do away mine offences. (Psalm 51: 1 & 2)

## Dismissal

The congregation responds:  
**Thanks be to God.**

## Postlude

Herzlich tut mich verlangen  
(*I yearn from my heart*)  
J. S. Bach (BWV 727)

**Please join us**  
for Refreshments &  
Fellowship at the rear  
of the nave.

## READINGS THIS WEEK

### COLLECT

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

### PRAYER OVER THE GIFTS

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name.

### PRAYER AFTER COMMUNION

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name.

### A READING FROM THE BOOK OF GENESIS

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in

the garden?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.' "But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

**GENESIS 2:15-17; 3:1-7**

**A READING FROM THE LETTER OF PAUL TO THE ROMANS**

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not

like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

**ROMANS 5:12-19**

**THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said

to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

**MATTHEW 4:1-11**

**PSALM 32**

Chant No. 4



Happy are they whose transgressions / are forgiven,\*  
**and whose sin is / put away!**

Happy are they to whom the Lord im-/putes no guilt,\*  
**and in whose spirit there / is no guile!**

While I held my tongue, my bones with-/ered away,\*  
**because of my groaning / all day long.**

For your hand was heavy upon me / day and night,\*  
**my moisture was dried up as in the / heat of summer.**

Then I acknowledged my / sin to you,\*  
**and did not con-/ceal my guilt.**

I said, "I will confess my transgressions / to the Lord."\*  
**Then you forgave me the guilt / of my sin.**

Therefore all the faithful will make their prayers to you in /  
time of trouble,\*  
**when the great waters overflow, they / shall not reach them.**

You are my hiding-place; you preserve / me from trouble;\*  
**you surround me with shouts / of deliverance.**

"I will instruct you and teach you in the way that / you should  
go;\*" **I will guide you / with my eye.**

Do not be like horse or mule, which have no / understanding;\*  
**who must be fitted with bit and bridle,**  
**or else they will / not stay near you.”**

Great are the tribulations / of the wicked;\*  
**but mercy embraces those who trust / in the Lord.**

Be glad, you righteous, and rejoice / in the Lord;\*  
**shout for joy, all who are / true of heart.**

PSALM

32 *Beati Quorum (sung by all)*

Tone VI



- Cantor* 1 BLESS-ED is he whose unrighteousness is for-giv-en :  
*All* and whose **sin** is cov-er<sup>^</sup>ed.
- All* 2 Blessèd is the man unto whom the Lord imputeth **no** sin :  
and in whose spi-rit there is no<sup>^</sup>guile.
- Cantor* 3 For while I held **my** tongue :  
my bones consumed away through my dai-ly cöm-plain-ing.
- All* 4 For thy hand was heavy upon me day **and** night :  
and my moisture was changed as with the **drought** of süm-mer.
- Cantor* 5 I acknowledged my sin un-to thee :  
and mine unrighteousness **have** I not hid.
- All* 6 I said, 'I will confess my sins unto **the** Lord' :  
and so thou forgavest the wicked-ness of my sin.
- Cantor* 7 For this shall every one that is godly make his prayer unto thee,  
in a time when thou mayest **be** found :  
when the great waters overflow, they shall **not** cöme nigh him.
- All* 8 Thou art a place to hide me in; thou shalt preserve me from **trou**-ble :  
thou shalt compass me about with songs of dē-liv-er<sup>^</sup>ance.
- Cantor* 9 I will inform thee, and teach thee in the way wherein thou **shalt** go :  
and I will guide thee with mine eye üp-ön thee.
- All* 10 Be ye not like to horse and mule, which have no under-**stand**-ing :  
whose mouths must be held with bit and bridle, else they will **not** cöme nigh thee.
- Cantor* 11 Great plagues remain for the un-**god**-ly :  
but whoso putteth his trust in the Lord, mercy embraceth **him** ön ev-ery<sup>^</sup>side.
- All* 12 Be glad, O ye righteous, and rejoice in **the** Lord :  
and be joyful, all ye **that** are true of<sup>^</sup>heart.

A Guide To Singing the Lenten Plainsong Psalms.

- a) A word or syllable in **bold type** indicates a change of note and the beginning of the mediation or ending.
- b) Two words or syllables joined by the sign <sup>^</sup> must be sung to the same note.
- c) A word or syllable with two dots above it will require two notes.

# Bulletin Notices



*For inclusion in Sunday's bulletin, notices must be received by the preceding Wednesday.'*

## **A heartfelt “Thank You”**

A heartfelt “Thank You” to the Honourable Dr. Mayann Francis, (O.N. S.) for her challenging sermon last Sunday on the African Heritage Month theme of; *Faith, Family, and Community*.

## **Thank you!**

Many thanks to everyone who helped to make the Shrove Tuesday Pancake Supper a great success. Much appreciation to the Planning Committee, kitchen crew (chefs, platers, dishwashers), servers, coffee brewers, ticket sellers, and set-up and clean-up people. A very big thank you also to all who donated the delicious beans and gingerbread, and, of course, to all who “came out” to make it super event.

## **“Spring clean” your jewellery and support *Education – a life changing gift!***

Make it a Lenten project to “spring clean” your jewellery and bring the treasures to the Cathedral that you are ready to say “good-bye” to. There is a basket on the Information Table ready to receive your “treasures”. The Cathedral will host a **Jewellery Sale** in support of *Education – a life changing gift!* on **Mothering Sunday**. **Date:** Sun. Mar. 22; **Time:** following the 9:00 & 10:30 Services; **Place:** the Great Hall. A **work party** to prepare the contributed jewellery for sale will take place on **Thursday, March 19; 1:30 – 3:00; large meeting room** (Nursery) of the ADC. Further details in future Bulletins.

## Annual Reports and AGM

Our Annual Meeting will be held on Sunday, March 29<sup>th</sup> in the Great Hall following **the Service at 10am**, a light lunch will be provided. Please note: we will have a regular 8am Service on the 29<sup>th</sup>, but we will be combining our 9 and 10:30am services, and **will worship together at 10am**. Annual Reports are gratefully accepted at the Cathedral Office until March 11. Thank you!



## March ASK Box

**Our March ASK** is for mugs, cereal bowls *The ASK box is a blue box located by the bulletin board in the Cathedral.*

## Offering Envelopes

Offering envelopes are available for pick up in the Cathedral.

## Faith and Formation for Lent

Tuesdays at 5:30pm

*The Way of the Cross in the Cathedral*

Each Tuesday will use a different devotional, both traditional and contemporary, to enhance our Lenten journey.

## Engaging our community

Those who expressed an interest, at the special visioning meeting, in 'Engaging our community' are invited to attend a gathering meeting on March 4<sup>th</sup> at 3:30pm in the small meeting room.

## **Meditation at the Cathedral**

Wednesdays at 12 noon come and join our meditation group in St Stephen's Chapel. All are welcome to come for a relaxing reset of the mind.

## **Lent– A Holy Season that needs not to be dreary**

Forward Movement\* introduces 'Lent -Madness' found at this website [lentmadness.org](http://lentmadness.org) then one subscribes via email. More details will be in the Cathedral at the main entrance on Ash Wednesday. Contact link with this activity is Kent Doe tel (902) 423-7013 or email [doe.kent.g@gmail.com](mailto:doe.kent.g@gmail.com)

\*Forward Movement is a devotional ministry that is a part of the Episcopal Church in the United States.

## **Cathedral Cornerstone**

In a matter of a few Sundays Lent's 2020 season arrives on February 26 , Ash Wednesday. Our newsletter's Issue for Lent & Easter welcomes your submission of photos, articles, notices, and special worship schedules. Please note that Tuesday , March 10 is the deadline date. Email items may be sent to [cathedralchurch@eastlink.ca](mailto:cathedralchurch@eastlink.ca) or [doe.kent.g@gmail.com](mailto:doe.kent.g@gmail.com)

Circulation of the printed issue of our Newsletter is set (D.V.) for Sunday Lent III , March 15. Many thanks for your interest and support. - Kent Doe

## **EASTER BASKETS**

The St. Catherine's ACW Group will be giving an Easter plant and some treats to our home-bound Cathedral members. For those wishing to help with the purchase of these items, a CASH donation can be given to Judi MacDonald. Your help with this annual project is much appreciated.

## Confirmation Easter Eve April 11

Anyone interested in Confirmation, Renewal of Baptismal Vows, or Reception into the Anglican Communion, please contact Dean Paul [cathedraldean@eastlink.ca](mailto:cathedraldean@eastlink.ca).

## Compline during Lent

On Monday nights during Lent, Br. Dylan Stewart will be holding meditative Compline services at 6:00 pm at the Cathedral. This service is a blend of new and old, and open to all. It will be a great way to end a Monday and join together in prayer, love, and unity.

## St. Albans Servers Guild

Want to get more out of your faith? Want to be a part of something bigger? We are in need of Altar Servers to resurrect the St. Albans Servers Guild here at the Cathedral. Typically, the Servers Guild would supply Servers/Crucifers/Acolytes for the many services on Sundays and other days throughout the year. There is no pledged commitment and it is open to all ages with a variety of jobs to perform. It is a great way to see how things work and learn some of the histories of our tradition. Feel free to reach out to Br. Dylan Stewart, (CMJ) after the 10:30 am service, or email him at [robert.stewart@smu.ca](mailto:robert.stewart@smu.ca)

## Outreach to Infants

One of our outreach projects is the Mother and Child support Programme at Phoenix House. Infant related items, baby food, formula, wipes, **diapers (size number 6 are in real need)** etc. are always in need. Please consider bringing an item to the Nursery on Sundays in support of this program. Thank you.

## Coffee Hosts

We are in need Coffee Hosts. There is a sign-up sheet on the Greeters' Table, and, as always, we would love to have new people "on board". There are always store-bought cookies available so baking is not a requisite. For anyone who is unfamiliar with the kitchenette, there are "old hands" happy to partner with any newcomers who are interested and able to help. Please speak with Margie Cooper, Geraldine May, Kathie Swenson, or Sarah in the office, if you would like further information.

### 'SUNDAYS AT FOUR'

This afternoon at 4 p.m. Evensong for the First Sunday in Lent will be sung by *Capella Regalis* Men & Boys Choir.

The Introit, "Create In Me A Clean Heart" was composed by Healey Willan (1880 -1968), Canada's most famous church musician, who was Organist & Director of Music at St. Mary Magdalene in Toronto from 1921 until his death in 1968. In a paper given at the Royal College of Organists in London on 31 July 1935, Willan said that "in Canada there are at the present time but two cathedrals in the architectural sense of the word, All Saints Cathedral, Halifax, Nova Scotia, and the Cathedral Church of Christ, Victoria, B.C., and the latter is unfinished. *Capella Regalis* will be giving a concert at St. Mary Magdalene as part of their tour in May of this year. No doubt Healey Willan Park in Toronto will also be on their itinerary.

The Anthem and the Preces & Responses were composed by Thomas Morley (c.1557-1602) who received his early musical education as a boy soprano in the cathedral of his home town, Norwich. Sometime before 1574 he moved to London to be a chorister at St. Paul's Cathedral. In London, Morley studied

with William Byrd whom he refers to as his ‘Master’ in his 1597 publication ‘A Plain and Easie Introduction to Practicall Musicke’ (which by the way *is* plain and easy and makes delightful reading). Morley was appointed Organist at St. Paul’s in 1589, and it is most likely that he found the inspiration for today’s anthem, “Nolo mortem peccatoris” in the library there.

The text of this short anthem is an intriguing macaronic poem dating from the 15<sup>th</sup> century or earlier. A macaronic text is one that combines languages for particular effect – often for ribald purposes – hence the term ‘macaronic’ from the Italian *maccarone* meaning ‘dumpling’, as in peasant food. In medieval times it was common to mix Latin with the vernacular in religious poetry. The Christmas carol “In dulci jubilo” is a good example. Morley took the Latin text *Nolo mortem peccatoris; haec sunt verba Salvatoris* (I do not wish the death of a sinner: these are the words of the Saviour) and used them as a refrain to great effect throughout the English text.

The Voluntary is Bach’s brilliant Chorale Prelude on the Lenten chorale *Aus tiefer Not, schrei ich zu dir* (From deepest anguish I cry to thee). It is in six ‘voices’, and Bach, presumably feeling 4 voices was enough for the two hands, assigned the remaining two voices to the feet, thus turning the performance of this piece into something of a gymnastic exercise. Not being much of a gymnast myself, and feeling the upper of the two parts played in the pedals gets lost, I have arranged it for organ duet, where one player, standing next to the other, plays the upper pedal part on one of the four keyboards with which the cathedral organ is mercifully blessed.

## **PWRDF Lenten Project**

As part of our international outreach, the Outreach Committee would like to have a Lenten focus on food aid to farmers in Zimbabwe whose crops and seed stock were badly affected by Cyclone Idai in 2019. Details of the response by PWRDF can be seen in the Bulletin Insert “Voices of Hope” and by the news story at [pwrdf.org/a-maize-ing-growth-in-zimbabwe/](http://pwrdf.org/a-maize-ing-growth-in-zimbabwe/). As a bonus there is a 4-1 match form Global Affairs Canada. You may contribute with the PWRDF envelope included in the weekly envelopes and writing Zimbabwe on the envelope or if you don't have envelopes by using a plain envelope with your name and address again marked Zimbabwe.

In addition PWRDF invites you to join them on an audio journey through the Gospels of Lent. Beginning on Ash Wednesday and continuing each Sunday to Easter, you will receive an email with an audio recording of the day's Gospel and an audio reflection responding to the Gospel by Archbishop Linda Nicholls and six other friends of PWRDF. You will be invited to read how PWRDF responds to the Gospel message through their projects and partners. To sign up please go to [pwrdf.org/get-involved/lent2020/](http://pwrdf.org/get-involved/lent2020/).

Any questions can be directed to Chris Field ([chrfield@gmail.com](mailto:chrfield@gmail.com)).

## ***International Women's Day – March 8, 2020***

**#EachforEqual** is the theme for *International Women's Day* 2020. We know that an equal world is an enabled world, and *International Women's Day* is a global event that reminds us to challenge stereotypes, counter bias, broaden perceptions, improve situations, and celebrate women's achievements. Join

the Dalhousie Women's Division and Junior League of Halifax as they co-host *On Their Shoulders*, a book talk that celebrates all 50 women MLAs of the Nova Scotia Legislature, past and present, with the launch of a special scholarship (donations welcome). **Date:** Sun., Mar. 8; **Time:** 2-4 pm; **Place:** Victorian Lounge, Shirreff Hall, South St. Food donations for the Dalhousie Student Food Bank are very welcome.

## Lenten Quiet Day

– *Mission is Possible: Empowered by God*

All are welcome to the **Lenten Quiet Day** with Atlantic School of Theology students offering meditations on the theme, *Mission is Possible: Empowered by God*. Co-hosted by the Anglican Church Women Board and the Parish of St. James, Shubenacadie, the event takes place on **Sat. March 28, 2020; 10:00 – 2:30 (lunch included); St. James, 2856 Main St (Hwy 2), Shubenacadie - \$10 at the door. Pre-register by Fri. Mar. 20** with Marjorie (902-462-3637 or [davisnow@eastlink.ca](mailto:davisnow@eastlink.ca)).

## Annual Atlantic School of Theology

The Annual Atlantic School of Theology Graduate Student Project presentations will be held on **March 12<sup>th</sup> from 9am – 4pm** on campus in St. Columba Chapel. **9:15** Julian Summers presents; *Reintegration from Beyond the Wire: Ministering to returning Military Personnel* **10:15** Shirley Cole presents; *Who is My Neighbour: The Church Through the Eyes of Former Inmates* **11:30** Roxanne Grayce Perry; *Exploring the Space Between Human and Non-Human Animals* **2:00pm** April Hart; *Medical Assistance In Dying and its Impact on Clergy Who Have Accompanied Patients Through the Procedure* **3:00 pm** Rick Gunn; *Volunteer Burnout – The Cost of Caring*. All sessions are free and open to the public.

*Gifts of Flowers, Wine &  
Hosts, and Bulletin Sponsors*

*To give a gift of Wine &  
Hosts, Flowers, or sponsor a  
Bulletin, please contact the  
Cathedral Office or sign-up  
on the bulletin board.*

## Our People

**BISHOP** The Most Revd Ron Cutler

**RECTOR & DEAN** The Very Revd Paul Smith

**ASSOCIATE PRIEST & PRIEST IN CHARGE OF  
THE PARISH OF FALKLAND, ST. JAMES**

The Revd Dr Helen Ryding

### HONORARY ASSISTANTS

The Revd Dr Davena Davis

The Revd Ronald Harris

The Revd Canon Fred Krieger

The Revd John Swain

The Revd Canon Keirsten Wells

### DEACONS

The Revd Heather MacEachern

The Revd Ray Carter, TSSF

The Revd Maggie Whittingham-Lamont

**SACRISTAN** Maureen Yeats

**VERGER** Howard D'Arcy

**ORGANIST & CHOIR DIRECTOR** Paul Halley

**9 AM MUSIC MINISTRY** Russ Hall

**ORGANIST EMERITUS** Dr James Burchill

**ASSISTANT TO THE ORGANIST** Nicholas Halley

**CATHEDRAL WARDEN** Andrew Black

**DEAN'S WARDEN** Dr Frank Lovely

### LICENSED LAY READERS

William Black

Heather Carter                      Margaret Withrow

Susan Drain                              Maureen Yeats

Patricia Fordham

### EUCCHARISTIC MINISTERS

Andrew Black

Mayann Francis                      Gordon Young

Deborah Vandewater

Murray Vandewater

**TREASURER**                              Peter Flemming

# Welcome to the Cathedral Church of All Saints

## New Member Information Form

1. Please list the names of each family member in the space below:

**FAMILY SURNAME:** \_\_\_\_\_

**NAMES:** \_\_\_\_\_

2. Please give your mailing address and telephone number:

\_\_\_\_\_

3. Email address \_\_\_\_\_

check here for permission to add your e-mail address to our mailing list. You will receive a monthly listing of Cathedral events called '**Cathedral News Online** and seasonal digital versions of the Cathedral Newsletter called **Cornerstone**.

4. Would like Offering Envelopes or are you interested in Automatic Offering?

Envelopes: **Yes**  **No**       Automatic Offering **Yes**  **No**

If you would like a visit from our Clergy or Lay Person, please contact the Cathedral Office.

**Please complete and return on the collection plate  
or give to a sidesperson. Thank you!**



**Contact Us or Visit our Website:**  
**[cathedralchurchofallsaints.com](http://cathedralchurchofallsaints.com)**

Cathedral Church of All Saints—  
Diocese of Nova Scotia and Prince Edward Island  
Anglican Church of Canada

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[cathedralchurch@eastlink.ca](mailto:cathedralchurch@eastlink.ca) (Office email) [cathedraldean@eastlink.ca](mailto:cathedraldean@eastlink.ca)

