For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me." Then the righteous will answer him, "Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?" And the king will answer them, "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." Then he will say to those at his left hand, "You that are accursed, depart from me into the eternal fire prepared for the devil and his angels. - Matthew 25: 35-41



If you have any questions regarding our Christmas Outreach programs, please contact:

the Cathedral Office – 902-423-6002 cathedralchurch@eastlink.ca

the Cathedral Dean – cathedraldean@eastlink.ca

the Deacon – heather.maceachern@ns.sympatico.ca

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#### The Cathedral Church of All Saints



Where strangers become friends, where Christ's peace and justice are sought, where God is worshipped with heart, mind and voice

# **Opportunities to share at Christmas**



-Acts 20: 35

### **Mission to Seafarers Shoeboxes**

The Mission to Seafarers in Halifax is a not-for-profit agency situated in the port of Halifax. It was founded in England in 1856 and has been operating in Halifax since 1942. There are 257 Mission to Seafarers agencies around the world.



We all depend upon seafarers to deliver over 90% of what we use on a daily basis; anything from clothing, food that is out of season, automobiles and fuel, to give just a few examples.

Each Christmas the Mission in Halifax distributes close to 2,000 shoebox gifts to visiting seafarers. These are usually the only recognition of the Christmas season a seafarer will see. It is heartwarming to go on board a ship and see the mood lighten when seafarers know that someone they will never probably meet has been kind enough to donate a gift to them.

Each shoebox contains:

- Hat
- Gloves
- Scarf
- Socks
- **Candies—mints** (no chocolate)
- Toiletries such as: soap, shampoo, toothbrush, toothpaste and deodorant.
- A small memento of the area.
- A card with name and address is optional. (Many seafarers send thank-you letters.)

Items to augment boxes are also welcomed as we receive many partial boxes. Each box is checked by a team of volunteers to ensure they comply with Canada Custom's regulations.

Thank you in advance for considering donating to this worthy cause.

### **Winter Coat Collection**

During the colder months, we collect and distribute winter coats to those in need.



## **Metro Turning Point**

Hats, gloves and new underwear are always in need for guests at Metro Turning Point Shelter.

### **Stockings**

On the first Sunday of Advent find a stocking hanging from a chair in the Cathedral and fill it with items suitable for the person whose information is on the attached tag and return by **December 10**. Project in aid of Saint Mark's Foodbank.

# St. Catherine's Group Toy Drive

We collect new toys and knitted items for children, as well as toiletries for teens (including ho-

tel-size shampoos, lotions, etc.) for St. Mark's Ward 5. All unwrapped items may be left in the box at the back of St. Stephen's Chapel until December 10. Thank you for your support of this annual outreach project.

# Red Bags For Metro Non Profit Housing (MNPHA)

Red Christmas gift bags are prepared by the Outreach Committee for MNPHA. Items are purchased with donations to Outreach. Any contribution, big or small, helps ensure this Christmas ministry continues to bring joy to those it touches.